Outpatient Neuro Rehabilitation

On With Life's Outpatient Neuro Rehabilitation program is available to anyone in the community needing neuro-based outpatient physical therapy, occupational therapy and/or speech therapy services.

"I actually looked forward to my three-times-a-week outpatient therapy session and was able to improve my walking skills, balance and speech. Thank You On With Life!"

- Becky Volrath  
Outpatient Person Served

Our comprehensive team of brain injury and neuro specialists are dedicated to providing innovative treatment and service through a collaborative team approach. Our team has one goal in mind, to return you as fully as possible to the activities, passions, roles and talents that define you as an individual. What makes us unique from many other outpatient therapy locations in the area is that our sole focus is neuro-related rehabilitation. This is our area of expertise and we are dedicated to bringing those we serve the latest in treatment options.

COMING IN 2015

We are proud to announce that our Outpatient Neuro Rehabilitation program will be moving into a new facility by the summer of 2015. The new outpatient facility will be located near our current location on our Ankeny campus, but will now be attached to the Inpatient facility. The new outpatient center will include a specialty therapy gym, a practice apartment, a dynavision vestibular rehab room, a family meeting center, individual therapy rooms, outdoor therapy areas and access to the new indoor aquatic therapy pool. The current outpatient facility will be converted into family housing for use by the families in our inpatient program.

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OUTPATIENT SERVICES AND PROGRAMS

STROKE AND BRAIN INJURY REHABILITATION PROGRAM

Our rehabilitation team understands there are many challenges for individuals recovering from brain injury or stroke. Whether you or your loved one require one or multiple services, we will develop a customized rehabilitation plan to meet your unique needs. Utilizing our specialists in physical therapy, occupational therapy, speech therapy, neuropsychology, and nutrition therapy, we work with individuals and their families to increase skills and abilities and improve quality of life. Conditions we treat include:

- Aphasia (language disorders)
- Balance disorders
- Chemotherapy-related memory issues
- Cognitive disorders
- Contracture management
- Movement and mobility issues
- Self-care needs
- Sensory changes
- Spasticity
- Speech disorders
- Swallowing disorders
- Vision difficulties
- Walking difficulty
- Weakness

LSVT BIG AND LOUD PROGRAM

LSVT BIG and LOUD are intensive therapy programs for people living with Parkinson’s disease. LSVT BIG focuses on strength, movement, balance, coordination and function. Each treatment focuses on the production of large amplitude (BIGGER) whole body movements. These treatments have been shown to provide an increase in quality of life in addition to improved walking, improved movement quality and an increase in independence.

LSVT LOUD improves vocal loudness by stimulating the muscles of the voice box (larynx) and speech mechanism through a system of exercises. These treatments have been shown to improve speech intelligibility, problems with articulation, diminished facial expression and impaired swallowing.

HEALTHY AGING/OLDER ADULT REHABILITATION PROGRAM

The focus of our Healthy Aging program is to help individuals age in a healthy and successful way, allowing them to remain as independent as possible, for as long as possible, and to age with grace and dignity. Our unique neurological approach evaluates the individual as a whole and addresses those key areas that are important to them and their caregivers, including addressing low vision challenges, home adaptations, fall risk, balance needs, safety concerns, strengthening programs, mobility, and cognitive skills such as memory, attention and judgment.

WHEELCHAIR MOBILITY CLINIC

This program is designed to incorporate a specially trained Physical Therapist (PT), Occupational Therapist (OT), and Assistive Technology Professional (ATP) to assist with the ordering and replacing of wheelchairs. The clinic provides individualized assistance geared towards the needs of each individual with the goal of improving or maintaining overall mobility and independence. Bringing all these experts together in one clinic gives individuals the opportunity to complete all needed assessments, fittings and processes at the same time - enabling persons served to receive their equipment in a timely fashion.

NEUROPSYCHOLOGY SERVICES

Our in-house neuropsychologist, David Demarest, Ph.D., uses scientific techniques to determine pre-existing characteristics of each individual and a detailed overview of changes caused by the injury or condition. Through the process of neuropsychological evaluation, Dr. Demarest studies brain-behavior interactions, the health of the individual’s brain, and the problems that brain dysfunction can cause. All evaluations include a comprehensive, detailed neuropsychological report and are provided in a quick, timely manner.

Dr. Demarest works with people of all ages with central nervous system conditions, including traumatic or acquired brain injury, stroke, spinal cord injury, Alzheimer’s and other dementias, progressive neuromuscular conditions such as cerebral palsy and related disorders, and evaluation of children and adolescents with neurodevelopmental disorders such as ADHD and autism. Dr. Demarest’s goal is to help individuals/families and the referring provider, answer questions pertaining to the condition of the patient’s brain and the presenting difficulties.

OTHER OUTPATIENT SERVICE AREAS

Other areas we can address on an outpatient basis include:

- Vestibular rehabilitation
- Retraining for activities of daily living
- Splinting and serial casting
- Return to work skills
- Community reintegration
- Low vision rehabilitation
- Gat deficit assessment and training
- Home evaluation and modification
- Medical nutrition management
- Dementia screenings
- Cognitive retraining and strategy development
- Augmentative communication evaluation and treatment

Dr. Demarest’s goal is to help individuals/families and the referring provider, answer questions pertaining to the condition of the patient’s brain and the presenting difficulties.

ADMISSION CRITERIA

The person to be served:

- Has acquired a brain injury or other neurological condition
- Has the potential to participate in, and benefit from rehabilitation services
- Is medically stable
- Breathes independently, without mechanical assistance
- Does not demonstrate a severe behavioral, psychiatric or personality disorder that poses a threat to self or others
- Who is either a minor or adult not capable of informed decision making, has either a legally appointed decision maker or a family representative responsible for decisions and/or informed choices
- Has a means of payment for services

Dr. Demarest’s goal is to help individuals/families and the referring provider, answer questions pertaining to the condition of the patient’s brain and the presenting difficulties.

ON WITH LIFE’S CONTINUUM OF BRAIN INJURY REHABILITATION SERVICES

On With Life is proud to provide a continuum of specialty services for persons served who have sustained a traumatic brain injury, stroke, tumor, aneurysm or other neurological condition:

- Tone and contracture management
- Dysphagia and swallowing management
- Management of communication disorders

- Post-Acute Inpatient Rehabilitation
- Long-Term Skilled Care for Youth and Younger Adults
- Outpatient Neuro Rehabilitation
- Supported Community Living
- Neuropsychological Evaluation and Consultation
- Independent Living/The Apartments of OWL Creek

*Not a day goes by that On With Life doesn’t cross my mind! We wouldn’t be where we are today in getting on with our life if we didn’t have your help in setting that solid foundation in Teagan’s recovery. I could never thank you enough for all you have done for us and how you have become our family.*

~ Carrie Rouse
Wife of Teagan, Outpatient Program Served