



Brain Injury Rehabilitation Specialists™



On With Life's Outpatient Neuro Rehabilitation program is available to anyone age 10 and older who can benefit from neuro-based outpatient physical therapy, occupational therapy, speech language pathology and/or neuropsychological services. On With Life's outpatient center includes a specialty therapy gym, a practice apartment, a vision and balance lab, a wellness/education gym, individual treatment rooms, outdoor therapy gardens and a warm water aquatic therapy pool.

Our comprehensive team of neurological rehabilitation specialists are dedicated to providing innovative treatment and service through a collaborative team approach. Our team has one goal in mind, to return individuals as fully

as possible to the activities, passions, roles and talents that define them as individuals. What makes On With Life unique from many other outpatient therapy locations in the area is our sole focus on neurological rehabilitation. This is our area of expertise and we are dedicated to bringing those we serve the most comprehensive, evidence-based and personalized rehabilitation possible.

"My life has changed in many ways as a result of your kind, caring, encouraging, persistent and expert guidance in the LSVT BIG program. I feel better and stronger and can now do things that had become difficult or nearly impossible to do. A truly big thank you!"

- Mary Peterson
Outpatient Person Served

OUTPATIENT SERVICES AND PROGRAMS

Our team of specialists includes physical therapists, occupational therapists, speech pathologists and a neuropsychologist. Upon referral to our program, our team will complete an evaluation of the individual needs and work together with the persons served and family to develop a personalized treatment plan that meets the cultural preferences and goals of those involved.

PHYSICAL THERAPY

Our physical therapists diagnose and treat neurological movement challenges, promote health and enhance physical and functional skills. Their goal is to get individuals moving in the most safe, natural and functional way possible so they can return to their home and community roles and passions.

OCCUPATIONAL THERAPY

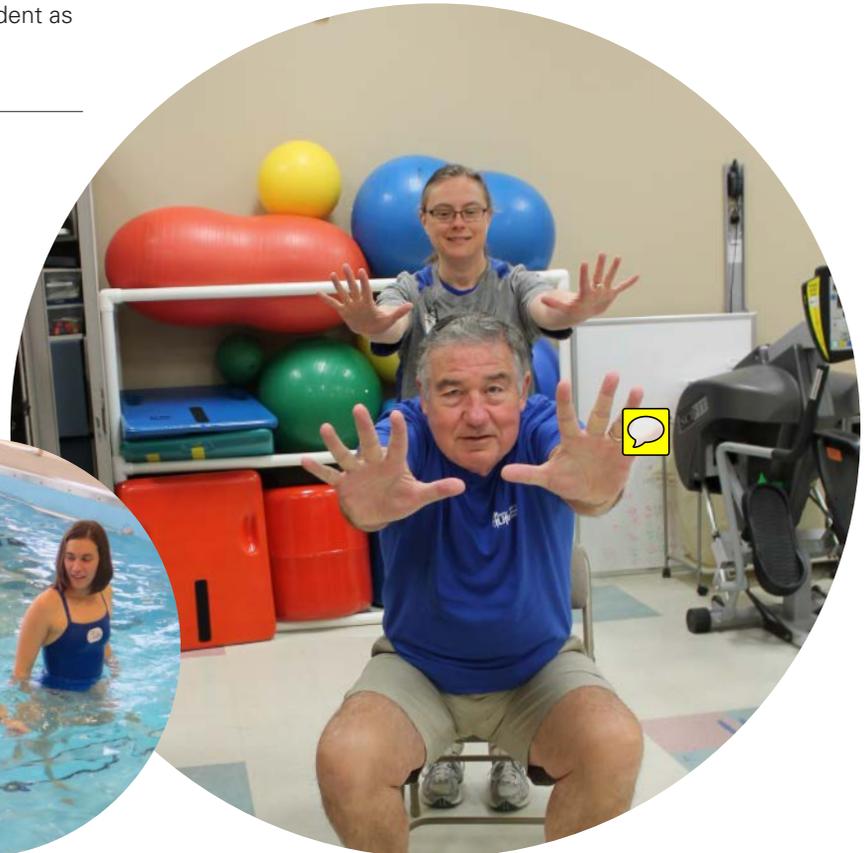
Our occupational therapists address skills specific to home management, self-care, work/leisure and community roles. Their goal is to help individuals become as independent as possible within their home and community.

SPEECH-LANGUAGE PATHOLOGY

Our speech therapists evaluate and treat a wide variety of speech, communication, thinking and swallowing challenges. Their goal is to help individuals interact most efficiently with those around them, build thinking skills and compensations to help them best function at home and in the community and consume foods and liquids in the safest manner possible.

“When my accident happened, I never pictured myself being able to walk into a classroom again or even cook on my own for my girls. I can’t say enough how thankful I am to be able to do those things again. It’s all because of my family and friends at On With Life who supported me when I needed it most.”

- Micka Mozee
person served



STROKE AND BRAIN INJURY REHABILITATION PROGRAM

Our therapy team understands that each individual who has experienced a brain injury or stroke brings a unique combination of strengths, challenges and goals to their recovery. Whether one or multiple services are required, we will develop a customized rehabilitation plan to meet each individual's unique needs. Conditions we treat include:

- Aphasia (language disorders)
- Balance disorders
- Chemotherapy-related memory issues
- Cognitive disorders
- Contracture management
- Dizziness
- Movement and mobility issues
- Self-care needs
- Sensory changes
- Spasticity
- Speech disorders
- Swallowing disorders
- Vision difficulties
- Walking difficulty
- Weakness

PARKINSON'S REHABILITATION

LSVT BIG and LOUD are intensive therapy programs for people living with Parkinson's disease. LSVT BIG focuses on strength, movement, balance, coordination and function. Each treatment focuses on the production of large amplitude (BIGGER) whole body

movements and can improve walking, movement quality and independence. LSVT LOUD improves vocal loudness by stimulating the muscles of the voice box (larynx) and speech mechanism through a system of exercises. These treatments can improve speech intelligibility, problems with articulation, diminished facial expression and impaired swallowing.

HEALTHY AGING/OLDER ADULT REHABILITATION PROGRAM

The focus of our Healthy Aging program is to help individuals age in a safe, healthy and successful way, allowing them to remain as independent as possible, for as long as possible. Our unique neurological approach addresses low vision challenges, home adaptations, fall risk, balance needs, caregiver training, safety concerns, strength programs, mobility, and cognitive skills such as memory, attention and judgement.

AQUATIC THERAPY

Our Aquatic Therapy programming is a unique and beneficial intervention for individuals who experience physical challenges related to neurological injury or illness. Our team works with individuals within the aquatic therapy environment to target muscle tightness, mobility/walking, strengthening, endurance, facilitated movement and/or relaxation. Aquatic therapy sessions may be used within the context of any of our neuro rehabilitation programs to enhance therapy outcomes.

FALL PREVENTION CLINIC

Our comprehensive falls prevention clinic is an innovative program designed for individuals who have experienced, or are at risk for falls. The program seeks to decrease risk of injury, improve independence and increase quality of life. It includes a comprehensive assessment and unique treatment course designed specifically to address medical complications, strength, vision, balance, coordination and cognition. In addition, each individual receives customized recommendations to maximize safety and independence specific to their fall-related risk factors.

NEUROPSYCHOLOGY SERVICES

Through the process of neuropsychological evaluation, David Demarest, Ph.D., studies brain-behavior interactions, the health of the individual's brain and the problems that brain dysfunction can cause. All evaluations include a pre-assessment and a comprehensive, detailed neuropsychological report and are provided in a quick, timely manner. Dr. Demarest works with people of all ages with central nervous system conditions.



ADMISSION CRITERIA

The person to be served:

- Has acquired a brain injury or other neurological condition
- Has the potential to participate in, and benefit from rehabilitation services
- Is medically stable and has a provider order for therapy
- Breathes independently, without mechanical assistance
- Does not demonstrate a severe behavioral, psychiatric or personality disorder that poses a threat to self or others
- Who is either a minor or adult not capable of informed decision making, has either a legally appointed decision maker or a family representative responsible for decisions and/or informed choices
- Has a means of payment for services
- Is age 10 or older

DISCHARGE CRITERIA

- The person served has improved sufficiently so he/she no longer needs the services provided
- The person served is not medically stable
- A responsible party determines that he/ she no longer wishes to participate in the outpatient program
- There is no viable funding source
- The person served has the means to pay but has failed, after reasonable and appropriate notice, to pay for services
- Two instances of no call/no show

Our hours are Monday through Friday, 8:00 AM until 5:00 PM.



DEDICATED TO REHABILITATION TECHNOLOGY

REHAB TECHNOLOGY

On With Life's outpatient team will use a variety of the latest in evidence-based technology to enhance the quality of the rehabilitation course. Examples of tools available to include:

- Biodex® Balance Master
- HydroWorx® aquatic therapy pool with treadmill and resistance jets
- Dynavision® vision rehabilitation system
- Unilift® bodyweight supported overhead gait system
- LiteGait® bodyweight supported lift
- Interactive Metronome® rehabilitation system
- Saebo® upper extremity rehabilitation system
- VisiPitch® voice rehabilitation program
- VitalStim® swallowing rehabilitation system

OTHER OUTPATIENT SERVICE AREAS

Other areas we can address on an outpatient basis include:

- Vestibular rehabilitation
- Retraining for activities of daily living
- Splinting and serial casting
- Return to work skills
- Community reintegration
- Low vision rehabilitation
- Gait deficit assessment and training
- Home evaluation and modification
- Dementia screenings
- Cognitive retraining and strategy development
- Augmentative communication evaluation and treatment
- Tone and contracture management
- Dysphagia and swallowing management
- Management of communication disorders
- Wheelchair Mobility Clinic

ON WITH LIFE'S CONTINUUM OF BRAIN INJURY REHABILITATION SERVICES

We are proud to provide a continuum of specialty services for persons served who have sustained a traumatic brain injury, stroke, tumor, aneurysm or other neurological condition:

- Post-Acute Inpatient Neuro Rehabilitation
- Long-Term Skilled Care for Youth and Younger Adults
- Outpatient Neuro Rehabilitation
- Supported Community Living
- Neuropsychological Evaluation and Consultation
- Independent Living at the Apartments of OWL Creek



"The focus at On With Life is to help persons served and their family get on with their lives, and that is exactly what they did for us. There is no doubt in my mind that Teagan is where he is today because of On With Life. The experience, passion and dedication the staff show to each person is nothing short of amazing."

- **Carrie Rouse**

Wife of Teagan, Outpatient Person Served



OUTPATIENT NEURO REHABILITATION

*Comprehensive Outpatient
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