

NEW HORIZONS ADULT DAY CARE

DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Chili w/Beans Broccoli Whole Wheat Roll Cheddar Goldfish Crackers Applesauce Margarine	2 BBQ Rib Patty Roasted Red Potatoes Mixed Vegetables Whole Wheat Hamburger Bun	3 Chicken & Noodles Green Beans Whole Wheat Bread Diced Peas Margarine	4 Beef Meatloaf w/Tomato Glaze Scalloped Potatoes California Vegetables Whole Wheat Roll Animal Crackers Margarine	5 Beef Lasagna Casserole Green Peas Whole Wheat Bread Diced Peaches Margarine
8 Beef Cabbage Casserole Glazed Carrots Whole Wheat Roll Animal Crackers Fruit Cocktail Margarine	9 Sweet & Sour Chicken Fried Rice Stir Fry Vegetables Whole Wheat Bread Pineapple Tidbits Margarine	10 Goulash Corn Multi-Grain Bread Applesauce Margarine	11 Hamburger Patty Lettuce/Tomato/Onion Coleslaw Whole Wheat Hamburger Bun Diced Peaches Ketchup	12 Potato Crusted Pollock Scalloped Potatoes Green Pea Salad Whole Wheat Bread Animal Crackers Margarine
15 Philly Chicken Whole Kernel Corn Whole Wheat Hot Dog Bun Applesauce	16 Beef Hot Dog Roasted Red Potatoes Whole Wheat Hot Dog Bun Diced Peas Ketchup	17 Beef Spaghetti Casserole Broccoli Whole Wheat Roll Fruit Cocktail Margarine Birthday Cake	18 Herbed Chicken w/Gravy Cheesy Whipped Potatoes Green Bean Casserole Whole Wheat Roll Animal Crackers Margarine	19 Honey Mustard Chicken Baby Baker Potatoes Mixed Vegetables Whole Wheat Bread Cheddar Goldfish Crackers Margarine
22 Cheese Omelet Hashbrown Casserole Whole Wheat Bread Animal Crackers Cinnamon Applesauce Margarine	23 WG Chicken Patty Baked Potato Green Beans Whole Wheat Hamburger Bun Margarine/Sour Cream Ketchup	24 Salisbury Steak w/Gravy Mashed Potatoes Green Beans Whole Wheat Bread Cheddar Goldfish Crackers Margarine	25 Closed	26 Chicken Pesto Rice Casserole Whole Kernel Corn Whole Wheat Bread Diced Peas Margarine
29 Pulled BBQ Pork Baked Sweet Potato Whole Wheat Hamburger Bun Applesauce	30 Meatballs (4) w/Marinara Sauce Spaghetti Noodles Green Peas Sliced Carrots Whole Wheat Roll Margarine	31 Beef Taco Cheese/Lettuce/Tomato Cilantro Lime Rice Black Beans Whole Wheat Tortilla Diced Peaches Taco Sauce	1 Closed	2 Swedish Meatballs (4) Mashed Potatoes Sliced Carrots Multi-Grain Bread Cheddar Goldfish Crackers Margarine