

New Horizons Adult Day Care Center Lunch Menu

September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed	3 Cranberry Chicken Mashed Potatoes Broccoli w/Cheese Whole Wheat Roll Cheddar Goldfish Crackers Margarine	4 Potato Crusted Pollock Buttered Rice Sliced Carrots Whole Wheat Bread Applesauce Margarine Tartar Sauce	5 Sloppy Joe Scalloped Potatoes Green Peas Whole Wheat Hamburger Bun	6 Chicken w/Onions & Peppers Whole Red Potatoes Whole Wheat Hot Dog Bug Fresh Seasonal Fruit
9 Tuna Noodle Au Gratin Brussels Sprouts Whole Wheat Bread Applesauce Margarine	10 Swedish Meatballs (4) Egg Noodles Green Beans Whole Wheat Roll Hot Spiced Pears Margarine	11 Bourbon Chicken Whole Kernel Corn Glazed Carrots Whole Wheat Roll Cheddar Goldfish Crackers Margarine	12 NHC BBQ Hamburger Patty Lettuce/Tomato/Onion Whole Wheat bun Baked Beans Peaches	13 Beef Taco Shredded Cheese Lettuce & Tomato Black Beans Flour Tortilla Taco Sauce
16 Honey Mustard Chicken Baked Beans California Vegetable Blend Whole Wheat Hamburger Bun	17 NHC BBQ Hot Dog Whole Wheat Bun Salad Applesauce	18 Apple Glazed Pork Macaroni & Cheese Green Peas Whole Wheat Bread Fresh Seasonal Fruit Margarine Birthday Cake	19 BBQ Chicken Roasted Red Potatoes Whole Wheat Hot Dog Bun Pineapple Tidbits	20 Turkey Ham & Potato Casserole Garden Vegetable Blend Whole Wheat Bread Applesauce Animal Crackers Margarine
23 Beef w/Country Gravy Buttermilk Mashed Potatoes Mixed Vegetable Blend Whole Wheat Bread Animal Crackers Margarine	24 Chicken w/Supreme Sauce Buttered Rice Glazed Carrots Whole Wheat Roll Fresh Seasonal Fruit Margarine	25 Pizza Bake Green Peas Whole Wheat Roll Fresh Seasonal Fruit Margarine	26 Salisbury Beef w/Gravy Whipped Potatoes Broccoli Whole Wheat Roll WG Cheddar Goldfish Margarine	27 NHC BBQ Pork Chop Salad Pears Whole Wheat Bread
30 Beef Fiesta Mac & Cheese Green Peas Whole Wheat Bread Fresh Seasonal Fruit Margarine				