



Rehabilitation Levels of Care



The On WITH Life Promise

SELECTING A REHABILITATION PROGRAM

Selecting a rehabilitation program after an acquired or traumatic brain injury is a very important decision. Receiving the right intensity of rehabilitation, at the right time, by the right specialists can make all the difference in how much function you will regain, whether you will be able to return home and how you adjust to your new journey. Here is a top 10 list of things to consider in your selection process and why On With Life is a highly respected Midwest leader in providing comprehensive, integrated brain injury rehabilitation services.



Joining hands, hearts and minds to help persons living with brain injury get "On With Life."



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It's important when choosing a rehabilitation program to understand the options.

The following compares On With Life's post-acute inpatient rehabilitation to rehabilitation in traditional skilled nursing facilities, long-term acute care hospitals, and acute rehabilitation.



On With Life is unique in that it is the only non-hospital facility in the world with CARF accreditation at an acute rehabilitation level for both adults and children with brain injury. Our sole focus is rehabilitation for individuals who have experienced a traumatic or acquired brain injury or other neurological condition.

An Overview of the Inpatient Rehabilitation Levels of Care

	On With Life Post-Acute Inpatient Rehabilitation	Acute Rehabilitation	Long-Term Acute Care (LTACH)	Skilled Nursing Facility (SNF)
Service Provided	Comprehensive rehabilitation through coordinated therapy and clinical services <i>Specializing in brain injury (traumatic and acquired) and other neurological conditions</i>	Comprehensive rehabilitation through coordinated therapy and clinical services	Acute symptom management and stabilization of medically complex patients requiring limited rehabilitation services	Fulfill basic health care needs while providing less intensive rehab for a less complex diagnoses
Discharge Goal	Home/community	Home/community	Community or another level of care	Community or another level of care
Average Length of Stay	Traditional 92 days Disorders of Consciousness 204 days	13 days	25 days	28 days
Persons Served	Functionally impaired, yet medically stable with brain injury and/or neurological diagnosis	Functionally impaired, yet medically stable with one of many diagnoses	Clinically complex requiring rigorous clinical care and observation with lower level rehabilitation needs	Chronic functional and medical conditions with lower level rehabilitation needs
Admission Requirements	Medically stable with the need for, and ability to participate in, intense therapy and requiring the skills of rehabilitation nursing	Medically stable with the need for, and ability to participate in, intense therapy and requiring the skills of rehabilitation nursing	Need for daily physician visits and less than 2 hours per day of therapy	Medically stable with need for minimal therapy and physician visits
Therapy	3 or more hours of core therapy (PT, OT, SLP) 5-7 days per week; plus an additional 1-2 hours of ancillary therapy (music therapy, therapeutic recreation, peer mentoring and clinical counseling) 5-7 days per week	3 or more hours per day (PT, OT, SLP), 5-7 days per week	Up to 2 hours per day, 3-5 days per week	30-60 minutes per day, 1-3 days per week
Physicians	Physician visits 4-5 days per week (includes Internal Medicine, Physical Medicine & Rehabilitation and Psychiatry)	Daily physician visits	Daily physician visits	Physician visits as needed or minimum of once every 30 days
Nursing Hours per patient	8.2 hours	8.51 hours	8-8.65 hours	4.16 hours
Accreditation	CARF - specialty in Brain Injury Rehabilitation accreditation for adults and children aged 10 and older	CARF, JCAHO	CARF, JCAHO	

sources: Medicare.gov; qualityforum.org; multiple industry on-line resources



TOP 10

Things to Consider

When Selecting Your Rehabilitation Provider



1 On With Life stands apart from many other rehabilitation programs because our sole focus is brain injury (traumatic or acquired, such as a stroke), and we put all of our efforts in this area. Our team of specialists receive national training on the latest treatment options and techniques.

2 On With Life's Post-Acute Inpatient Rehabilitation program is the only freestanding program in the world that has earned accreditation by CARF, the Rehabilitation Accreditation Commission, as a "Comprehensive Integrated Inpatient Rehabilitation Program in Brain Injury for Adults and Children." This means you will receive hospital-level intensive therapy and rehabilitation services in a non-hospital setting capable of handling high levels of medical acuity.

3 As an intensive inpatient rehabilitation program, each person served receives an average of 3-5 hours of core therapy (PT/OT/SLP) and ancillary therapy (music therapy, recreation therapy, and counseling) per day, 5-7 days a week. Additional hours of core and ancillary therapy are also provided at night and on weekends.

4 On With Life was started by families and that fact remains an important part of our culture. Families are an integral part of the rehab team and are encouraged to participate in ongoing family conferences and to accompany persons served throughout the entire journey. Family counseling, family education and family support are all a key part of our process. In addition, family housing is available on our campus at no charge.

5 On With Life provides a continuum of services including intensive inpatient rehabilitation, outpatient therapy and neuropsychological evaluations, supported community living services, long-term skilled care and independent living housing. We continue to grow our continuum and programs offered as needs are identified.

6 On With Life is currently or has partnered in several national research studies sponsored by or associated with the National Institute of Health, Veterans Administration, Marianjoy Rehabilitation Hospital, Northwestern University, Edward Hines, Jr. VA Hospital, Moss Rehabilitation, Albert Einstein Healthcare Network and University of Iowa Hospitals & Clinics. University of Iowa Hospitals & Clinics.

7 On With Life is committed to providing the specialty services and equipment needed to help you regain as much function as possible, including a warm water pool with varying depths and an underwater variable speed treadmill; a specialized vision and vestibular lab; a practice apartment; a ceiling-mounted 120-foot walking gait track; an indoor therapy car on hydraulic lifts and coming soon, a 1.5 acre outdoor therapeutic grounds area.

8 On With Life measures several outcomes, including 36 specific skill areas to assess the progress of those we serve. For example, last fiscal year our persons served received 8.2 hours of nursing care per person, per day; met an average of 72% of long-term goals and discharged to home 70% of the time.

9 Our Disorders of Consciousness program includes specialized assessment protocols and treatment techniques to address the unique medical, physical, environmental and cognitive needs of severe brain injury. On With Life has 20+ years of experience serving this population and our staff authored the chapter on Disorders of Consciousness for the Brain Injury Association of America's national resource guide.

10 Those who have been served by On With Life are the best resource to learn about the treatment and care you will receive. Check out our social media pages, ask about person served satisfaction scores (currently at 97% satisfaction) and review Headway magazine to see what others are saying about the On With Life promise.