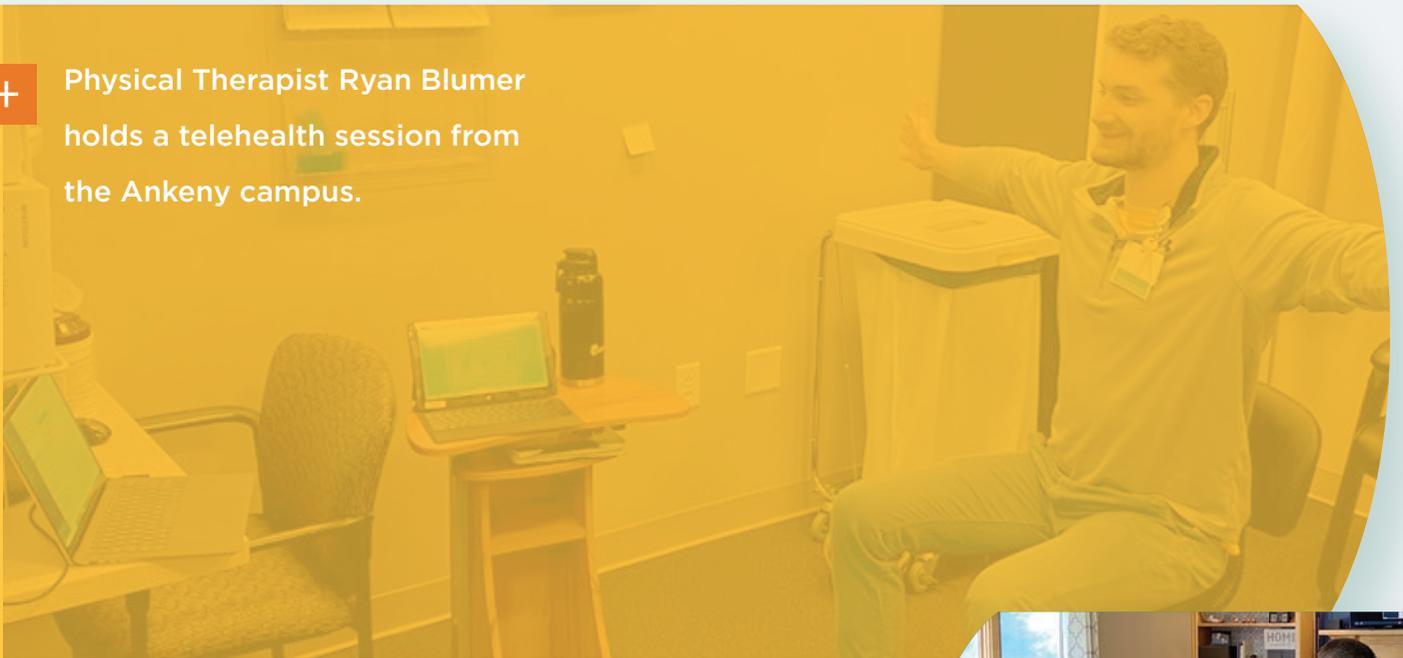


## OUTPATIENT

# TELEHEALTH



Physical Therapist Ryan Blumer holds a telehealth session from the Ankeny campus.



**M**att Reiff has had his share of therapies after he had a brain tumor removed in December 2018, followed by 31 rounds of radiation treatment, including physical, occupational and speech therapy at On With Life. When COVID-19 hit, Matt added another type of therapy to his repertoire: telehealth. And he's finding telehealth has even more options and positives than he realized.

"Matt gets to practice in his real-world environment with our two young boys and a dog running around our house during his sessions – this is our real life," said Matt's wife, Leng. "Sometimes the kids think it's a game. We would put a

kid or the iPad on Matt's walker during his session. Telehealth has allowed us to be more creative with his sessions! And I like that the therapists get to see our real world."

Outpatient physical therapist Ryan Blumer agrees. He noted he had to get more creative when he was unable to provide hands on facilitation to the person served. "I get the unique opportunity to get my eyes on them in their home. I can actually watch them do it and give tips and tricks to make therapy functional in the home," Ryan said.

Ryan believes it could be possible to have persons served use telehealth as things start to go back to normal, and even after.



"Telehealth offers us lots of different options," Matt said. Leng agreed, but not everything about telehealth was easy. "I had to set up multiple camera angles that we cast on the TV," Leng said. "We wanted to have as close an in-person experience as possible."

"It's in our name. On With Life means we want our persons served to get back to what they love to do, and we want to do everything we can to help them," Ryan said. +

For more information on On With Life's outpatient services in Ankeny, Coralville or via telehealth, please visit [ONWITHLIFE.ORG/OUTPATIENT](http://ONWITHLIFE.ORG/OUTPATIENT).