










Barrow Neuro-Rehabilitation Services: Therapeutic Apps & More













This flyer includes activities that have therapeutic value, to aid in your recovery. These lists have been compiled by therapists at the Barrow Neurological Institute, and are categorized by level of difficulty. Many of these activities allow you to increase the level of complexity as well. Playing these activities is not a substitute for therapy, but can be a fun way to work on important skills.

Ask your therapists which activities are best for you.

If you're unable to work with a therapist:
 1) choose which skill area you would like to work on;
 2) choose a Level 1 (Easy) game to start;
 3) progress to Level 2 (Medium) and Level 3 (Hard) games as appropriate.



















Skill	Outdoor Games	Video Games	Apps
Motor, Coordination, Balance 	Ball Games – toss, kicking, etc.	Wii Just Dance (Nintendo)	 Just Dance Now
	Bean bag toss	Kinect Adventures (Xbox)	 Pocket Yoga
	Frisbee	Kinect Sports (Video: Xbox)	 7 Minute Chi
			 J&J Official 7 Minute Workout
















Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Fine Motor 	 Draw Line (App)	 Fruit Ninja (App)	 Magic Piano by Smule (App)
	 Flow Free (App)	 Flick Hit Baseball: Home Run (App – phone only)	Operation (Board)
	 Zirkel (App)*	 Flow Free Hexes (App)	Perfection (Board)
	 Dots (App)	Jenga (Board)	Cat's Cradle (String game)
	Connect 4 (Board)	Screwing/unscrewing nuts & bolts	Mastermind (Board)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Vision and Visual Perception 	 Word Search (Book/App)	 Blocks-Tangram Puzzles (App)* Mighty Mind (Board)	 Shadowmatic (App)
	 Jigsaw Box Puzzles (App)*	 Streaq (App) Sequence (Board)	 Little Things Forever (App)
	 1010! (App)	 Fixum 2 (App)*	 What's the Difference (App/Book)
	 Word Bubbles (App)	Blink (Card)	 Mazes & More: Classic Maze (App)
	Bingo (Board)	Quirkle (Board)	








* Apple only, ** Android only






Barrow Neurological Institute and St. Josephs Hospital and Medical Center are not affiliated, nor responsible for the content of these software products and activities. These activities are not a substitute for your doctor's or therapist's care. Please discuss with your therapist what activities are best suitable for you. Your personal health information is kept private with your health care provider's privacy policy.

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Language 	 Pictoword (App)	 Phrase Party! (App)*  Catch Phrase (Board)	 Chain of Thought (App)
	 WordCollapse (App)	 This is to That (App)	 4 Pics 1 Word (App)
	 Alphabear (App)	 PopWords! (App)*  Boggle (Board)	 What's the Saying? (App)*
	 Get + Together (App)	 WordBrain (App)	 Scattergories (App/Board)
	 Tactus Therapy (App)	 Constant Therapy (App)	 Word Connect α (App)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Memory 	 Memory Matches 2 (App)*	 Magic Matrix Memory (App)*	 Repeat! – Follow the Sequence (App)*
	 HearBuilder (App**/Website)	 Number Memory Game (App)**	 Memory Match - Brain Training (App)*
	 Super-Memory (App)*	 Mimesis (App)*	 Stimulate - Brain Training (App)**
	 Simon/iMimic (App)	 Sequence Memory Challenge (App)*	 Dual N-Back: Brain Training (App)*
	 King of Math (App)	 Memory Challenge! Lite (App)	 n-back (App)

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Planning, Problem Solving and Decision Making 	 Draw Line (App)	 Cut the Rope (App)	 Conundra Math (App)*
	 Flow Free (App)	 Set Mania (App)*	 Unblock Me (App)
	 Tic Tac Toe Free (App)	 Peg Solitaire (App)  HiQ (Board)	 Chess Play & Learn (App)
	7 Up (Card)	 Threes! Free (App)	 Logic Games (App)
	Rush Hour (Board)	 Mastermind Code Breaker!*	Coffee Shop (Internet) www.coolmath-games.com/0-coffee-shop Coolmath Games (App)*

Skill	Level 1 Activity – Easy	Level 2 Activity – Medium	Level 3 Activity - Hard
Attention 	 Two Dots (App)	 Bejeweled Blitz (App)	 What's the Difference (App/Book)
	 Ins and Outs (App)	Wii Sports Resort (Video: Nintendo)	 Little Things Forever (App)
	Accordion Solitaire (Card)	Blink (Card)	 Visual Attention Therapy (App)
	Slap Jack (Card)	Speed (Card)	See General Brain Training Apps

General Brain Training Apps	 Brain HQ (App/Internet)	 Lumosity Brain Trainer (App/Internet)	 Brain Yoga Brain Training (App)
	 Fit Brains Trainer (App)*	 Elevate – Brain Training (App)	 Peak – Brain Training (App)

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